



# CCA BEACON

KEEPING YOU UPDATED WITH WHAT'S HAPPENING IN C.C.A LIMITED AND CANOUAN  
JUNE/JULY 2012

## DENGUE FEVER - A THREAT TO US ALL



*THE AEADES AEGYPTI MOSQUITO*

Dengue fever is a dangerous illness that can cause much suffering and in some cases death.

Over the past few months the island of Canouan has seen an increase in the number of persons infected with the dengue virus, and since there is no vaccine to protect us from the disease, persons are being encouraged to take preventative measures and protect themselves.

In an interview with Dr. Natty Garaygay of the Canouan Health Centre, she explained that the only way of becoming infected is through the bite of an Aedes aegypti mosquito that is carrying the virus.

There are four types of dengue viruses. When a person has had one type of dengue virus infection

once in his/her life, and later gets infected with another type of dengue virus, that person is in danger of getting Dengue Hemorrhagic Fever. This fever she says can kill.

The signs and symptoms of Dengue Fever are: -

- Abrupt onset of high fever
- Severe frontal headache
- Pain behind the eyes which worsens with eye movement
- Muscle and joint pains
- Loss of sense of taste and appetite
- Measles-like rash over chest and upper limbs
- Nausea and vomiting.

We can prevent the spread of dengue by following these guidelines .

- Because the Aedes aegypti mosquito breeds in water in and around your homes and work places, desist from keeping open containers with water in these areas as they can become potential breeding sites.
- Screen windows and doors.
- Use skin repellants and spray areas with insect killers regularly
- Sleep with mosquito nets covering your bed.
- Wear long protective clothing especially at dawn and dusk.

If we are serious and determined about eradicating this disease we can ensure that mosquitoes have no place to continuously breed and bite us, causing dengue. Let us be relentless in the fight against Dengue Fever.

***C.R.D. GROUP OF COMPANIES PROACTIVE  
IN DEALING WITH DENGUE & GARBAGE ON CANOUAN***

As part of its corporate and social responsibility to its staff and the community of Canouan, C.R.D. Group of Companies continue to do all in its power to deal with the spread of Dengue fever.

Strategy meetings have been held with the various Departments of C.C.A. and C.R.D. business groups, and an action plan has been developed and implemented to deal with the Dengue outbreak.

Some of the strategic objectives include

- Conducting comprehensive risk assessment and reporting,
- Informing employees and the wider community of preventative measures to be taken in the workplace and at home.
- Assisting employees with preventative measures
- Providing an efficient isolation and evacuation process and aftercare program for employees who contract dengue fever.
- Utilizing the Vector Control department to reduce the presence of the Aedes

aegypti mosquito as far as possible, through preventative and reactive chemical treatments and other methods.

Based on the strategic objectives established, the C.C.A. Limited Vector Control Unit, the Public Relations Department, the Human Resource as well as other Departments and Business units have been working collaboratively to mitigate the dengue outbreak.

At the Vector Control level they have been conducting island wide assessments to identify potential breeding sites and has been rigorous in its fogging, which has helped in the reduction of the Aedes aegypti mosquito population.

They have also taken on additional staff in support of these initiatives.

House to house visits are being done to ensure that persons understand the risks and preventative measures to be taken, and to check for breeding sites, potential hazards and treatment of these sites.

The Public Relations Department has been working closely with the Vector Control Unit.

They have been sending regular email bulletins reminding employees of the presence of Dengue, the risks, preventative measures to be taken and contact numbers to call if symptoms occur.

Flyers have also been created and distributed across the island with all the necessary information about Dengue.

The Human Resource Department has been at the center of the action plan, purchasing necessary medical supplies for use at the clinic, and assisting the clinic with transportation of blood to St. Vincent.

They have undertaken to equip staff housing with items that would aid in the prevention of the disease.

Employees with suspected Dengue are being given all the support necessary to deal with the disease and prevent its spread while they await confirmation.

C.R.D Group of Companies is taking proactive, preventative action prior to the rainy season, now and in coming years, to safeguard it's employees from Dengue. The group continues to work with the Government Agencies and Health Department to provide essential and effective support where needed.

### **GARBAGE**

Another issue that the C.R.D. Group of Companies has been constantly dealing with is the improper disposal of garbage and littering.

Despite numerous clean up campaigns across the island over the years and the continuous education of persons on the subject the garbage problem persists.

However, C.C.A. Limited and C.R.D. Holdings continue to meet the challenge head on, and it is estimated that approximately EC\$140,000.00 will be spent in additional measures to deal with the problem.

These measures include:

The cleaning up and tidying of specific areas across the island by a C.C.A. cleaning crew.

The investment in the sponsorship of thirty new garbage bins for the community of Canouan.

The sponsorship of an extra garbage collection day, which we hope will bring positive results.

The recycling and creation of our "Green Bottles Only Bins" for the collection of glass bottles.

The organization of clean up campaigns by members of staff on an on going basis even after a hectic week, to ensure that the environment on Canouan is clean.

The most recent clean up was at the Winward beach and the front beach at the wharf, where twenty bags of garbage were collected.

There have also been ongoing clean up of the entire island by Jackie Minors and her team from C.C.A. Landscaping Department.

Nic Welch Maintenance Director at C.C.A. says "we are hopeful that the plans and efforts will bring positive results and send a "Keep Canouan Clean" message to all."



*C.C.A. LIMITED GLASS BOTTLE BINS*



*C.C.A. STAFF CLEAN UP BEACH*



*THE CLEAN UP CONTINUES*



## *RAYMOND SNAGG - MAKING A DIFFERENCE IN THE COMMUNITY*



*RAYMOND SNAGG (AKA MAD MAX)*

Raymond Snagg’s love for cleaning and beautifying spaces in his own creative way has resulted in him cleaning up different areas on the island of Canouan.

After working in St. Lucia and St. Martin for the better part of ten years, “Mad Max” as he is affectionately known, volunteered for many years cleaning the cemetery before being remunerated, and is often the person most people rely on to remind them where their loved ones are buried.

In speaking with Raymond he said he enjoyed decorating the area he now calls “Sea Breeze Block” since it gave him an opportunity to enhance the area and put discarded items to good use.

He was in fact referring to the old tires, fish nets, wire reel and broken concrete, re-invented into beautiful flower pots, hammocks, a table and shapes representing the chain of islands called St. Vincent & the Grenadines, to enhance the area.



Located at the entrance to the main wharf, many persons utilize Sea Breeze Block while waiting for the boats. It is Raymond’s intention to set up a booth and sell soft drinks and light snacks.

He extends thanks to the many persons who have assisted him, and despite the many challenges faced with littering, he encourages everyone to keep Canouan clean.

## *C.C.A. LIMITED & C.R.D. HOLDINGS LIMITED SUMMER PROGRAMME GETS UNDERWAY*



*CHILDREN ENJOYING THE DIFFERENT DISCIPLINES IN C.R.D.'S SUMMER PROGRAMME*

C.R. D. Holdings Ltd. and C.CA. Limited has organized and sponsored an extended Summer Programme which began on July 1<sup>st</sup> and runs until August 10<sup>th</sup> 2012.

It offers the children of Canouan activities that are beneficial, educational, entertaining and free of cost to them.

The C.R.D group of companies has teamed up with Sports Instructor Teo Nardi, Tennis Pro Andy Bentick and

Football Coach Akil Joseph, who are teaching the sports of Swimming, Lawn Tennis, Table Tennis, Football, Badminton, Rugby, Gymnastics and Volley Ball to the children on the island.

As in previous years, those children endowed with creative, artistic and musical abilities and or propensities have been learning to paint, draw, improve their reading skills and play the Steel Pan and Recorder.

Wendy Mitchell, Joycelyn Sheppard, Diane Bennett and Colette Myers all able tutors, have been giving of their time.

Albert Ollivierre of the Mangrove Restaurant along with members of the Canouan Gum Boat Sailing Club have been teaching the children to sail.

In addition to learning about the different disciplines they children are having fun and enjoying themselves.

## *C.C.A. LIMITED SAND DOLLAR STEEL ORCHESTRA HEADS TO VICTORIA PARK*



*C.C.A. LIMITED SAND DOLLAR MEMBERS PRACTICING FOR JUNIOR PANORAMA*

Members of the C.C.A. Limited Sand Dollar Steel Orchestra made two public appearances in Canouan, before heading to Carnival City, Victoria Park on mainland St. Vincent for the Junior Panorama Competition on July 1st.

With their test piece "Caribbean Woman" originally done by calypsonian Papa Das, they gave a very good account of themselves at the Panorama competition and made us proud.

One newspaper columnist referred to them as "the little band from Canouan whose performance was very disciplined."



This he said "was good news for Canouan and the Grenadines."

Many Vincentians in the diaspora commended the members of the band and were full of praises for C.C.A. Limited as sponsors.

The children were very excited and felt a sense of pride in their accomplishment.

Tutor Colette Myers said she was happy that the children enjoyed the experience and looked forward to preparing them for many more.

The practice and learning continues during the C.R.D. Summer Programme and children returning from the mainland for vacation will be joining them.

***CANOUAN CELEBRATES CARNIVAL WITH  
C.C.A. LIMITED & C.R.D. HOLDINGS AS CONTINUED SPONSORS***



***CARNIVAL STREET JUMP UP ON CANOUAN***

C.R.D. Holdings and C.C.A. Limited have given continuous support to Carnival in Canouan over the years, and this year as Canouan celebrates fourteen years as the Ultimate Summer Event in the Grenadines is no exception.

C.R.D. Holdings and C.C.A. Limited have covered sponsorship of EC\$20,000.00 for this year 's festivities.

They have also sponsored many shows and T-Shirt Bands participating in the annual event and this year the T-shirt band "Hy Life"

was sponsored to the tune of EC\$1,500.00.

Mirage Productions and SVG Players International Mass Bands on mainland St. Vincent were also in receipt of sponsorship for a second consecutive year.

Taboo was the sponsored section for Mirage Productions and Fly Your Kite for SVG Players International.

Cheques in the amount of EC\$5,000.00 each were handed over to Band leaders Jacintha Ballantyne of SVG Players International and

Rebecca Gonsalves of Mirage Productions.

A total of EC\$10,000.00 dollars.

Both Mass Bands expressed thanks to C.R.D. Holdings and C.C.A. Limited for their kind and continuous support of Culture in St. Vincent & the Grenadines.

C.R.D. Holdings and C.C.A. Limited donate approximately EC500,000.00 dollars per year to various entities, in support of charities and programmes that benefit the people of St. Vincent and the Grenadines.



## **EASY BROWNIES**

132 g (4.6 oz.) Butter

33 g (1.2 oz.) Unsweetened Cocoa

56 g (2 oz.) Bittersweet Chocolate

2 Large Eggs

50 g (1/3 Cup) Flour

160 g (5.5 oz.) Sugar

1 1/2 Teaspoons Vanilla Extract

56 g (2 oz.) Cream Cheese, Cut in pieces

Preheat Oven to 325 ° F (165 ° C)

Place the Chocolate & Butter in a bowl suspended over simmering water.

Stir Chocolate and Butter until melted.

Remove from heat and whisk in the cocoa powder, Sugar & Vanilla extract.

Using an electric mixer beat in the eggs.

Beat in the Cream Cheese until only small bits remain.

Whisk in Flour and Salt

Pour in a buttered and Floured 8" square pan (20 cm)

Bake at 325° F (165 ° C) for about 30 minutes, or until a cake tester comes out with some crumbs on it. Do not over-bake.



## **HAVE A PLAN AND BE PREPARED BEFORE A HURRICANE STRIKES**

- Listen to the radio for information.
- Have Disaster Supplies Kit of basic and essential items you and your family need ready, for your home and to be packed in case of evacuation. This means having your own food, water, and other supplies in sufficient quantity to last for at least three days. There are six basics you should stock in your home:

[Water](#), [Food](#), [First aid supplies](#), [Clothing/ sanitation supplies](#), [Tools](#), [documents](#)

- Secure your home, close storm shutters or make some with plywood/moving furniture, and bring outdoor objects indoors.
- Turn off utilities if instructed to do so. Otherwise, turn the refrigerator thermostat to its coldest setting and keep its doors closed.
- Turn off propane tanks. Avoid using the phone, except for serious emergencies.

- Ensure a supply of water for sanitary purposes such as cleaning and flushing toilets.
- Fill the bathtub and other large containers with water.

**You should evacuate under the following conditions:**

- If you are directed to do so. Be sure to follow instructions.
- If you feel you are in danger.

**If you are unable to evacuate, go to your safe room. If you do not have one, follow these guidelines to create one:**

- Stay indoors during the hurricane and away from windows and glass doors.
- Close all interior doors
- secure and brace external doors.
- Keep curtains and blinds closed. Do not be fooled if there is a lull; it could be the eye of the storm - winds will pick up again.
- Take refuge in a small interior room, closet, or hallway on the lowest level.
- Lie on the floor under a table or another sturdy object until the storm has passed and do not go outdoors until the all clear has been given.

**Be prepared and safe!**